



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Svea Effinghausen

Number: 737

Course: 10.10 km
10,1 km - Wanderung

Category:
Frauen K

Total time: 2:04:57

Speed: 4.80 km/h

Running performance: 12:22 min/km

Rank in course/Total: 29 (of 57)

Rank in course/Women: 16 (of 32)

Best time in course: 1:23:44

Rank in category: 16(of 32)

Best time in the category: 1:23:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	52:24	12:46	18	16:26	18	16:26	4.10	52:24	12:46	18	16:26	18	16:26
Control	0.90	13:50	15:22	22	4:58	22	4:58	5.00	1:06:14	13:14	18	21:24	18	21:24
Ilsestein	1.00	16:24	16:23	19	7:47	19	7:47	6.00	1:22:38	13:46	18	29:11	18	29:11
Ilseburg/Markt	4.10	42:19	10:19	12	12:02	12	12:02	10.10	2:04:57	12:22	16	41:13	16	41:13