



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Ilka Köhler

Number: 752

Course: 10.10 km
10,1 km - Wanderung

Category:
Frauen K

Total time: 2:06:50

Speed: 4.73 km/h
Running performance: 12:33 min/km

Rank in course/Total: 30 (of 57)
Rank in course/Women: 18 (of 32)

Best time in course: 1:23:44
Rank in category: 18(of 32)
Best time in the category: 1:23:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	50:43	12:22	16	14:45	16	14:45	4.10	50:43	12:22	16	14:45	16	14:45
Control	0.90	12:02	13:22	15	3:10	15	3:10	5.00	1:02:45	12:33	16	17:55	16	17:55
Ilsestein	1.00	19:20	19:19	27	10:43	27	10:43	6.00	1:22:05	13:40	16	28:38	16	28:38
Ilseburg/Markt	4.10	44:45	10:54	15	14:28	15	14:28	10.10	2:06:50	12:33	18	43:06	18	43:06