



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Ramona Noack

Number: 762

Course: 10.10 km
10,1 km - Wanderung

Category:
Frauen K

Total time: 2:34:07

Speed: 3.89 km/h
Running performance: 15:15 min/km

Rank in course/Total: 55 (of 57)
Rank in course/Women: 31 (of 32)
Best time in course: 1:23:44
Rank in category: 31(of 32)
Best time in the category: 1:23:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	1:03:08	15:23	31	27:10	31	27:10	4.10	1:03:08	15:23	31	27:10	31	27:10
Control	0.90	17:13	19:07	28	8:21	28	8:21	5.00	1:20:21	16:04	31	35:31	31	35:31
Ilsestein	1.00	20:38	20:37	28	12:01	28	12:01	6.00	1:40:59	16:49	31	47:32	31	47:32
Ilseburg/Markt	4.10	53:08	12:57	27	22:51	27	22:51	10.10	2:34:07	15:15	31	1:10:23	31	1:10:23