



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Christian Lück

Number: 753

Course: 10.10 km  
10,1 km - Wanderung

Category:  
Männer K

Total time: 1:19:05

Speed: 7.59 km/h  
Running performance: 7:49 min/km

Rank in course/Total: 1 (of 57)

Rank in course/Men: 1 (of 25)

Best time in course: 1:19:05

Rank in category: 1(of 25)

Best time in the category: 1:19:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	33:52	8:15	2	0:01	2	0:01	4.10	33:52	8:15	2	0:01	2	0:01
Control	0.90	7:49	8:41	1	-	1	-	5.00	41:41	8:20	1	-	1	-
Ilsestein	1.00	7:49	7:48	1	-	1	-	6.00	49:30	8:15	1	-	1	-
Ilseburg/Markt	4.10	29:35	7:12	1	-	1	-	10.10	1:19:05	7:49	1	-	1	-