



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Christian Dörheit

Number: 735

Course: 10.10 km
10,1 km - Wanderung

Category:
Männer K

Total time: 1:25:33

Speed: 7.01 km/h

Running performance: 8:28 min/km

Rank in course/Total: 4 (of 57)

Rank in course/Men: 3 (of 25)

Best time in course: 1:19:05

Rank in category: 3(of 25)

Best time in the category: 1:19:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	35:36	8:40	3	1:45	3	1:45	4.10	35:36	8:40	3	1:45	3	1:45
Control	0.90	8:31	9:27	3	0:42	3	0:42	5.00	44:07	8:49	3	2:26	3	2:26
Ilsestein	1.00	8:31	8:31	3	0:42	3	0:42	6.00	52:38	8:46	3	3:08	3	3:08
Ilseburg/Markt	4.10	32:55	8:01	6	3:20	6	3:20	10.10	1:25:33	8:28	3	6:28	3	6:28