



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Sebastian Ritter

Number: 764

Course: 10.10 km
10,1 km - Wanderung

Category:
Männer K

Total time: 1:32:08

Speed: 6.51 km/h
Running performance: 9:07 min/km

Rank in course/Total: 6 (of 57)

Rank in course/Men: 4 (of 25)

Best time in course: 1:19:05

Rank in category: 4(of 25)

Best time in the category: 1:19:05

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	41:35	10:08	5	7:44	5	7:44	4.10	41:35	10:08	5	7:44	5	7:44
Control	0.90	9:12	10:13	6	1:23	6	1:23	5.00	50:47	10:09	4	9:06	4	9:06
Ilsestein	1.00	9:09	9:09	5	1:20	5	1:20	6.00	59:56	9:59	4	10:26	4	10:26
Ilseburg/Markt	4.10	32:12	7:51	3	2:37	3	2:37	10.10	1:32:08	9:07	4	13:03	4	13:03