



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Lukas Trenschr

Number: 778

Course: 10.10 km  
10,1 km - Wanderung

Category:  
Männer K

Total time: 2:15:06

Speed: 4.44 km/h

Running performance: 13:22 min/km

Rank in course/Total: 32 (of 57)

Rank in course/Men: 14 (of 25)

Best time in course: 1:19:05

Rank in category: 14(of 25)

Best time in the category: 1:19:05

Intermediate times

Stage score

Total ranking

| Control        | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score |            | Total ranking |            |              |          |             |         |            |
|----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
|                |          |            |              |          |             | Pos Men     | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein      | 4.10     | 55:14      | 13:28        | 16       | 21:23       | 16          | 21:23      | 4.10          | 55:14      | 13:28        | 16       | 21:23       | 16      | 21:23      |
| Control        | 0.90     | 12:50      | 14:15        | 17       | 5:01        | 17          | 5:01       | 5.00          | 1:08:04    | 13:36        | 16       | 26:23       | 16      | 26:23      |
| Ilsestein      | 1.00     | 15:52      | 15:52        | 14       | 8:03        | 14          | 8:03       | 6.00          | 1:23:56    | 13:59        | 14       | 34:26       | 14      | 34:26      |
| Ilseburg/Markt | 4.10     | 51:10      | 12:28        | 20       | 21:35       | 20          | 21:35      | 10.10         | 2:15:06    | 13:22        | 14       | 56:01       | 14      | 56:01      |