



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Lukas Trenschr

Number: 778

Course: 10.10 km
10,1 km - Wanderung

Category:
Männer K

Total time: 2:15:06

Speed: 4.44 km/h

Running performance: 13:22 min/km

Rank in course/Total: 32 (of 57)

Rank in course/Men: 14 (of 25)

Best time in course: 1:19:05

Rank in category: 14(of 25)

Best time in the category: 1:19:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	55:14	13:28	16	21:23	16	21:23	4.10	55:14	13:28	16	21:23	16	21:23
Control	0.90	12:50	14:15	17	5:01	17	5:01	5.00	1:08:04	13:36	16	26:23	16	26:23
Ilsestein	1.00	15:52	15:52	14	8:03	14	8:03	6.00	1:23:56	13:59	14	34:26	14	34:26
Ilseburg/Markt	4.10	51:10	12:28	20	21:35	20	21:35	10.10	2:15:06	13:22	14	56:01	14	56:01