



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Lars Bjarne Buwitt

Club: Ekosem-Agrar
Number: 797

Course: 10.10 km
10,1 km - Wanderung

Category:
Männer K

Total time: 2:18:23

Speed: 4.34 km/h
Running performance: 13:42 min/km

Rank in course/Total: 37 (of 57)

Rank in course/Men: 17 (of 25)

Best time in course: 1:19:05

Rank in category: 17(of 25)

Best time in the category: 1:19:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	54:07	13:11	14	20:16	14	20:16	4.10	54:07	13:11	14	20:16	14	20:16
Control	0.90	12:44	14:08	15	4:55	15	4:55	5.00	1:06:51	13:22	14	25:10	14	25:10
Ilsestein	1.00	18:09	18:08	20	10:20	20	10:20	6.00	1:25:00	14:09	15	35:30	15	35:30
Ilseburg/Markt	4.10	53:23	13:01	24	23:48	24	23:48	10.10	2:18:23	13:42	17	59:18	17	59:18