



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Leonie Bremer

Number: 57

Course: 24.90 km
24,9 km - Lauf

Category:
Frauen (20-29) B

Total time: 2:51:20

Speed: 8.40 km/h

Running performance: 6:52 min/km

Rank in course/Total: 305 (of 433)

Rank in course/Women: 42 (of 82)

Best time in course: 1:53:56

Rank in category: 9(of 14)

Best time in the category: 2:00:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:32	7:41	9	10:38	50	10:52	4.10	31:32	7:41	9	10:38	50	10:52
Plessenburg	2.40	17:22	7:14	11	5:40	52	6:03	6.50	48:54	7:31	10	16:18	50	16:55
Oehrenfeld	3.40	19:22	5:41	10	6:30	46	6:30	9.90	1:08:16	6:53	10	22:48	48	22:58
Ilsestein	4.80	36:48	7:39	9	10:15	40	12:35	14.70	1:45:04	7:08	10	32:33	44	35:33
Plessenburg	2.30	18:13	7:55	9	5:47	44	6:38	17.00	2:03:17	7:15	11	37:03	44	42:11
Oehrenfeld	3.40	19:34	5:45	7	5:58	40	6:12	20.40	2:22:51	7:00	9	42:34	43	48:23
Ilseburg/Markt	4.50	28:29	6:19	9	8:36	35	9:01	24.90	2:51:20	6:52	9	51:05	42	57:24