



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Laurin Huyke

Number: 206

Course: 24.90 km
24,9 km - Lauf

Category:
Männer (20-29) B

Total time: 2:10:46

Speed: 11.01 km/h

Running performance: 5:15 min/km

Rank in course/Total: 62 (of 433)

Rank in course/Men: 54 (of 351)

Best time in course: 1:34:20

Rank in category: 6(of 32)

Best time in the category: 1:40:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Ilsestein	4.10	23:47	5:48	8	73	5:50	7:11	4.10	23:47	5:48	8	73	5:50	7:11
Plessenburg	2.40	12:34	5:14	7	60	2:44	3:25	6.50	36:21	5:35	8	70	8:34	10:36
Oehrenfeld	3.40	14:20	4:12	10	61	2:33	3:25	9.90	50:41	5:07	7	67	11:07	14:01
Ilsestein	4.80	28:04	5:50	9	63	6:38	18:13	14.70	1:18:45	5:21	7	63	17:45	22:10
Plessenburg	2.30	13:50	6:00	9	61	3:34	4:12	17.00	1:32:35	5:26	7	59	21:19	26:22
Oehrenfeld	3.40	15:41	4:36	9	75	3:37	4:20	20.40	1:48:16	5:18	7	61	24:56	30:42
Ilseburg/Markt	4.50	22:30	5:00	4	45	5:07	5:44	24.90	2:10:46	5:15	6	54	30:03	36:26