



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Joep Veldhuis

Club: Noord-Veluwe
Number: 465

Course: 24.90 km
24,9 km - Lauf

Category:
Männer (20-29) B

Total time: 2:18:14

Speed: 10.42 km/h
Running performance: 5:33 min/km

Rank in course/Total: 103 (of 433)

Rank in course/Men: 91 (of 351)

Best time in course: 1:34:20

Rank in category: 14(of 32)

Best time in the category: 1:40:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:19	5:55	11	6:22	92	7:43	4.10	24:19	5:55	11	6:22	92	7:43
Plessenburg	2.40	13:02	5:25	16	3:12	87	3:53	6.50	37:21	5:44	12	9:34	85	11:36
Oehrenfeld	3.40	14:25	4:14	11	2:38	64	3:30	9.90	51:46	5:13	12	12:12	80	15:06
Ilsestein	4.80	28:56	6:01	13	7:30	78	19:05	14.70	1:20:42	5:29	12	19:42	83	24:07
Plessenburg	2.30	14:56	6:29	14	4:40	97	5:18	17.00	1:35:38	5:37	12	24:22	80	29:25
Oehrenfeld	3.40	17:49	5:14	22	5:45	181	6:28	20.40	1:53:27	5:33	13	30:07	87	35:53
Ilseburg/Markt	4.50	24:47	5:30	13	7:24	113	8:01	24.90	2:18:14	5:33	14	37:31	91	43:54