



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Jakob Eyermann

Club: Brockenlaufverein
Number: 6

Course: 24.90 km
24,9 km - Lauf

Category:
Männer (20-29) B

Total time: 2:24:42

Speed: 9.95 km/h
Running performance: 5:48 min/km

Rank in course/Total: 136 (of 433)

Rank in course/Men: 124 (of 351)

Best time in course: 1:34:20

Rank in category: 19(of 32)

Best time in the category: 1:40:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:17	6:10	17	7:20	114	8:41	4.10	25:17	6:10	17	7:20	114	8:41
Plessenburg	2.40	13:49	5:45	20	3:59	114	4:40	6.50	39:06	6:00	18	11:19	114	13:21
Oehrenfeld	3.40	14:49	4:21	14	3:02	80	3:54	9.90	53:55	5:26	18	14:21	101	17:15
Ilsestein	4.80	30:35	6:22	19	9:09	119	20:44	14.70	1:24:30	5:44	17	23:30	103	27:55
Plessenburg	2.30	15:58	6:56	20	5:42	144	6:20	17.00	1:40:28	5:54	17	29:12	103	34:15
Oehrenfeld	3.40	17:00	5:00	17	4:56	139	5:39	20.40	1:57:28	5:45	17	34:08	111	39:54
Ilseburg/Markt	4.50	27:14	6:03	21	9:51	176	10:28	24.90	2:24:42	5:48	19	43:59	124	50:22