



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Christoph Riemann

Club: AEV Wartburg Coburgia
Number: 353

Course: 24.90 km
24,9 km - Lauf

Category:
Männer (20-29) B

Total time: 2:26:11

Speed: 9.85 km/h
Running performance: 5:52 min/km

Rank in course/Total: 147 (of 433)

Rank in course/Men: 135 (of 351)

Best time in course: 1:34:20

Rank in category: 20(of 32)

Best time in the category: 1:40:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:33	6:28	22	8:36	157	9:57	4.10	26:33	6:28	22	8:36	157	9:57
Plessenburg	2.40	14:12	5:55	21	4:22	142	5:03	6.50	40:45	6:16	21	12:58	149	15:00
Oehrenfeld	3.40	15:25	4:32	20	3:38	104	4:30	9.90	56:10	5:40	20	16:36	129	19:30
Ilsestein	4.80	30:28	6:20	17	9:02	113	20:37	14.70	1:26:38	5:53	20	25:38	127	30:03
Plessenburg	2.30	16:01	6:57	21	5:45	147	6:23	17.00	1:42:39	6:02	19	31:23	127	36:26
Oehrenfeld	3.40	17:07	5:02	19	5:03	147	5:46	20.40	1:59:46	5:52	19	36:26	127	42:12
Ilseburg/Markt	4.50	26:25	5:52	18	9:02	155	9:39	24.90	2:26:11	5:52	20	45:28	135	51:51