



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

**Dominik Schulz**

Club: Sportinstitut TU Clausthal  
Number: 393

Course: 24.90 km  
24,9 km - Lauf

Category:  
Männer (20-29) B

Total time: 2:44:50

Speed: 8.74 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 274 (of 433)

Rank in course/Men: 239 (of 351)

Best time in course: 1:34:20

Rank in category: 26(of 32)

Best time in the category: 1:40:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	29:09	7:06	27	11:12	250	12:33	4.10	29:09	7:06	27	11:12	250	12:33
Plessenburg	2.40	15:46	6:34	26	5:56	230	6:37	6.50	44:55	6:54	26	17:08	241	19:10
Oehrenfeld	3.40	18:53	5:33	27	7:06	260	7:58	9.90	1:03:48	6:26	27	24:14	246	27:08
Ilsestein	4.80	35:16	7:20	26	13:50	237	25:25	14.70	1:39:04	6:44	26	38:04	243	42:29
Plessenburg	2.30	17:37	7:39	24	7:21	234	7:59	17.00	1:56:41	6:51	26	45:25	237	50:28
Oehrenfeld	3.40	19:44	5:48	25	7:40	244	8:23	20.40	2:16:25	6:41	27	53:05	240	58:51
Ilseburg/Markt	4.50	28:25	6:18	24	11:02	206	11:39	24.90	2:44:50	6:37	26	1:04:07	239	1:10:30