



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Erik Brandt

Club: Harzer Wölfe
Number: 54

Course: 24.90 km
24,9 km - Lauf

Category:
Männer (20-29) B

Total time: 3:15:41

Speed: 7.36 km/h
Running performance: 7:51 min/km

Rank in course/Total: 395 (of 433)

Rank in course/Men: 326 (of 351)

Best time in course: 1:34:20

Rank in category: 31(of 32)

Best time in the category: 1:40:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Ilsestein	4.10	28:45	7:00	26	237	10:48	12:09	4.10	28:45	7:00	26	237	10:48	12:09
Plessenburg	2.40	16:14	6:45	28	252	6:24	7:05	6.50	44:59	6:55	27	243	17:12	19:14
Oehrenfeld	3.40	19:05	5:36	29	267	7:18	8:10	9.90	1:04:04	6:28	28	250	24:30	27:24
Ilsestein	4.80	39:19	8:11	29	295	17:53	29:28	14.70	1:43:23	7:01	29	272	42:23	46:48
Plessenburg	2.30	22:32	9:47	31	332	12:16	12:54	17.00	2:05:55	7:24	29	289	54:39	59:42
Oehrenfeld	3.40	28:16	8:18	31	340	16:12	16:55	20.40	2:34:11	7:33	29	309	1:10:51	1:16:37
Ilseburg/Markt	4.50	41:30	9:13	31	339	24:07	24:44	24.90	3:15:41	7:51	31	326	1:34:58	1:41:21