



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Erik Sygusch

Club: Skiclub Ilseburg  
Number: 436

Course: 24.90 km  
24,9 km - Lauf

Category:  
männliche Jugend U20 (18-19) B

Total time: 2:13:34

Speed: 10.78 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 82 (of 433)

Rank in course/Men: 71 (of 351)

Best time in course: 1:34:20

Rank in category: 1(of 4)

Best time in the category: 2:13:34

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	20:49	5:04	1	-	32	4:13	4.10	20:49	5:04	1	-	32	4:13
Plessenburg	2.40	12:40	5:16	1	-	67	3:31	6.50	33:29	5:09	1	-	36	7:44
Oehrenfeld	3.40	13:28	3:57	1	-	35	2:33	9.90	46:57	4:44	1	-	35	10:17
Ilsestein	4.80	30:45	6:24	1	-	126	20:54	14.70	1:17:42	5:17	1	-	57	21:07
Plessenburg	2.30	15:17	6:38	1	-	113	5:39	17.00	1:32:59	5:28	1	-	61	26:46
Oehrenfeld	3.40	16:09	4:45	1	-	96	4:48	20.40	1:49:08	5:20	1	-	63	31:34
Ilseburg/Markt	4.50	24:26	5:25	1	-	103	7:40	24.90	2:13:34	5:21	1	-	71	39:14