



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Thomas Kühlmann

Club: NSV Wernigerode
Number: 7

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M30 (30-34) B

Total time: 1:34:20

Speed: 15.27 km/h
Running performance: 3:47 min/km

Rank in course/Total: 1 (of 433)

Rank in course/Men: 1 (of 351)

Best time in course: 1:34:20

Rank in category: 1(of 25)

Best time in the category: 1:34:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	16:36	4:02	1	-	1	-	4.10	16:36	4:02	1	-	1	-
Plessenburg	2.40	9:09	3:48	1	-	1	-	6.50	25:45	3:57	1	-	1	-
Oehrenfeld	3.40	10:55	3:12	1	-	1	-	9.90	36:40	3:42	1	-	1	-
Ilsestein	4.80	19:55	4:08	2	10:04	2	10:04	14.70	56:35	3:50	1	-	1	-
Plessenburg	2.30	9:38	4:11	1	-	1	-	17.00	1:06:13	3:53	1	-	1	-
Oehrenfeld	3.40	11:21	3:20	1	-	1	-	20.40	1:17:34	3:48	1	-	1	-
Ilseburg/Markt	4.50	16:46	3:43	1	-	1	-	24.90	1:34:20	3:47	1	-	1	-