



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Maximilian Krause

Club: Harzer Wölfe
Number: 252

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M30 (30-34) B

Total time: 2:34:09

Speed: 9.34 km/h
Running performance: 6:11 min/km

Rank in course/Total: 203 (of 433)

Rank in course/Men: 183 (of 351)

Best time in course: 1:34:20

Rank in category: 16(of 25)

Best time in the category: 1:34:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:12	6:23	13	9:36	143	9:36	4.10	26:12	6:23	13	9:36	143	9:36
Plessenburg	2.40	14:44	6:08	15	5:35	178	5:35	6.50	40:56	6:17	13	15:11	151	15:11
Oehrenfeld	3.40	16:20	4:48	14	5:25	145	5:25	9.90	57:16	5:47	13	20:36	147	20:36
Ilsestein	4.80	33:16	6:55	20	23:25	195	23:25	14.70	1:30:32	6:09	16	33:57	167	33:57
Plessenburg	2.30	17:02	7:24	16	7:24	197	7:24	17.00	1:47:34	6:19	16	41:21	171	41:21
Oehrenfeld	3.40	18:02	5:18	16	6:41	194	6:41	20.40	2:05:36	6:09	16	48:02	172	48:02
Ilseburg/Markt	4.50	28:33	6:20	17	11:47	212	11:47	24.90	2:34:09	6:11	16	59:49	183	59:49