



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Oleg Siebert

Club: Turbine Halle
Number: 408

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M35 (35-39) B

Total time: 1:42:12

Speed: 14.09 km/h
Running performance: 4:06 min/km

Rank in course/Total: 4 (of 433)

Rank in course/Men: 4 (of 351)

Best time in course: 1:34:20

Rank in category: 1(of 49)

Best time in the category: 1:42:12

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 17:22 | 4:14 | 1 | - | 2 | 0:46 | 4.10 | 17:22 | 4:14 | 1 | - | 2 | 0:46 |
| Plessenburg | 2.40 | 9:49 | 4:05 | 1 | - | 2 | 0:40 | 6.50 | 27:11 | 4:10 | 1 | - | 2 | 1:26 |
| Oehrenfeld | 3.40 | 11:24 | 3:21 | 2 | 0:05 | 3 | 0:29 | 9.90 | 38:35 | 3:53 | 1 | - | 2 | 1:55 |
| Ilsestein | 4.80 | 21:01 | 4:22 | 1 | - | 3 | 11:10 | 14.70 | 59:36 | 4:03 | 1 | - | 2 | 3:01 |
| Plessenburg | 2.30 | 10:49 | 4:42 | 2 | 0:36 | 6 | 1:11 | 17.00 | 1:10:25 | 4:08 | 1 | - | 2 | 4:12 |
| Oehrenfeld | 3.40 | 11:58 | 3:31 | 1 | - | 2 | 0:37 | 20.40 | 1:22:23 | 4:02 | 1 | - | 2 | 4:49 |
| Ilseburg/Markt | 4.50 | 19:49 | 4:24 | 7 | 1:33 | 12 | 3:03 | 24.90 | 1:42:12 | 4:06 | 1 | - | 4 | 7:52 |