



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Maksym Shkadron

Club: Ukrainische Falken
Number: 407

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M35 (35-39) B

Total time: 2:16:01

Speed: 10.59 km/h
Running performance: 5:27 min/km

Rank in course/Total: 92 (of 433)

Rank in course/Men: 81 (of 351)

Best time in course: 1:34:20

Rank in category: 15(of 49)

Best time in the category: 1:42:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:52	5:49	16	6:30	76	7:16	4.10	23:52	5:49	16	6:30	76	7:16
Plessenburg	2.40	13:01	5:25	16	3:12	85	3:52	6.50	36:53	5:40	16	9:42	77	11:08
Oehrenfeld	3.40	14:11	4:10	13	2:52	53	3:16	9.90	51:04	5:09	15	12:29	73	14:24
Ilsestein	4.80	30:40	6:23	20	9:39	120	20:49	14.70	1:21:44	5:33	17	22:08	87	25:09
Plessenburg	2.30	15:14	6:37	17	5:01	110	5:36	17.00	1:36:58	5:42	15	26:33	87	30:45
Oehrenfeld	3.40	15:00	4:24	13	3:02	47	3:39	20.40	1:51:58	5:29	15	29:35	82	34:24
Ilseburg/Markt	4.50	24:03	5:20	19	5:47	92	7:17	24.90	2:16:01	5:27	15	33:49	81	41:41