



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Andriy Lemeshko

Club: Ukrainische Falken
Number: 274

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M35 (35-39) B

Total time: 2:36:00

Speed: 9.23 km/h
Running performance: 6:15 min/km

Rank in course/Total: 214 (of 433)

Rank in course/Men: 193 (of 351)

Best time in course: 1:34:20

Rank in category: 32(of 49)

Best time in the category: 1:42:12

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	Men			km	Time
Ilsestein	4.10	26:41	6:30	26	9:19	160	10:05	4.10	26:41	6:30	26	9:19	160	10:05
Plessenburg	2.40	13:41	5:42	19	3:52	108	4:32	6.50	40:22	6:12	22	13:11	141	14:37
Oehrenfeld	3.40	16:50	4:57	31	5:31	170	5:55	9.90	57:12	5:46	21	18:37	145	20:32
Ilsestein	4.80	34:23	7:09	37	13:22	217	24:32	14.70	1:31:35	6:13	31	31:59	181	35:00
Plessenburg	2.30	16:02	6:58	25	5:49	148	6:24	17.00	1:47:37	6:19	29	37:12	173	41:24
Oehrenfeld	3.40	18:22	5:24	34	6:24	203	7:01	20.40	2:05:59	6:10	30	43:36	177	48:25
Ilseburg/Markt	4.50	30:01	6:40	42	11:45	246	13:15	24.90	2:36:00	6:15	32	53:48	193	1:01:40