



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

**Maksym Pustynnikov**

Club: Ukrainische Falken  
Number: 343

Course: 24.90 km  
24,9 km - Lauf

Category:  
Senioren M35 (35-39) B

Total time: 2:36:48

Speed: 9.18 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 217 (of 433)

Rank in course/Men: 196 (of 351)

Best time in course: 1:34:20

Rank in category: 33(of 49)

Best time in the category: 1:42:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:31	6:42	31	10:09	191	10:55	4.10	27:31	6:42	31	10:09	191	10:55
Plessenburg	2.40	14:58	6:14	30	5:09	190	5:49	6.50	42:29	6:32	31	15:18	187	16:44
Oehrenfeld	3.40	14:49	4:21	15	3:30	80	3:54	9.90	57:18	5:47	22	18:43	149	20:38
Ilsestein	4.80	36:16	7:33	43	15:15	259	26:25	14.70	1:33:34	6:21	34	33:58	200	36:59
Plessenburg	2.30	17:16	7:30	35	7:03	215	7:38	17.00	1:50:50	6:31	34	40:25	203	44:37
Oehrenfeld	3.40	16:24	4:49	20	4:26	108	5:03	20.40	2:07:14	6:14	32	44:51	191	49:40
Ilseburg/Markt	4.50	29:34	6:34	40	11:18	230	12:48	24.90	2:36:48	6:17	33	54:36	196	1:02:28