



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Eric Pietzka

Number: 333

Course: 24.90 km  
24,9 km - Lauf

Category:  
Senioren M35 (35-39) B

Total time: 2:43:00

Speed: 8.83 km/h  
Running performance: 6:32 min/km

Rank in course/Total: 257 (of 433)

Rank in course/Men: 226 (of 351)

Best time in course: 1:34:20

Rank in category: 41(of 49)

Best time in the category: 1:42:12

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein          | 4.10     | 27:53      | 6:48         | 34          | 10:31       | 207     | 11:17      | 4.10          | 27:53      | 6:48         | 34       | 10:31       | 207     | 11:17      |
| Plessenburg        | 2.40     | 15:28      | 6:26         | 37          | 5:39        | 210     | 6:19       | 6.50          | 43:21      | 6:40         | 37       | 16:10       | 207     | 17:36      |
| Oehrenfeld         | 3.40     | 18:57      | 5:34         | 41          | 7:38        | 262     | 8:02       | 9.90          | 1:02:18    | 6:17         | 40       | 23:43       | 228     | 25:38      |
| Ilsestein          | 4.80     | 34:21      | 7:09         | 36          | 13:20       | 216     | 24:30      | 14.70         | 1:36:39    | 6:34         | 40       | 37:03       | 224     | 40:04      |
| Plessenburg        | 2.30     | 17:07      | 7:26         | 32          | 6:54        | 206     | 7:29       | 17.00         | 1:53:46    | 6:41         | 39       | 43:21       | 216     | 47:33      |
| Oehrenfeld         | 3.40     | 19:58      | 5:52         | 41          | 8:00        | 257     | 8:37       | 20.40         | 2:13:44    | 6:33         | 40       | 51:21       | 229     | 56:10      |
| Ilseburg/Markt     | 4.50     | 29:16      | 6:30         | 39          | 11:00       | 224     | 12:30      | 24.90         | 2:43:00    | 6:32         | 41       | 1:00:48     | 226     | 1:08:40    |