



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Bartosz Wypych

Number: 503

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M40 (40-44) B

Total time: 2:18:12

Speed: 10.42 km/h

Running performance: 5:33 min/km

Rank in course/Total: 102 (of 433)

Rank in course/Men: 90 (of 351)

Best time in course: 1:34:20

Rank in category: 18(of 53)

Best time in the category: 1:40:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:25	6:11	22	6:55	117	8:49	4.10	25:25	6:11	22	6:55	117	8:49
Plessenburg	2.40	13:54	5:47	23	4:04	120	4:45	6.50	39:19	6:02	22	10:59	120	13:34
Oehrenfeld	3.40	14:33	4:16	13	2:41	69	3:38	9.90	53:52	5:26	20	13:40	100	17:12
Ilsestein	4.80	30:16	6:18	23	8:49	105	20:25	14.70	1:24:08	5:43	19	22:29	101	27:33
Plessenburg	2.30	15:22	6:40	22	5:13	116	5:44	17.00	1:39:30	5:51	19	27:42	100	33:17
Oehrenfeld	3.40	15:36	4:35	12	3:28	71	4:15	20.40	1:55:06	5:38	18	31:10	97	37:32
Ilseburg/Markt	4.50	23:06	5:08	14	6:03	60	6:20	24.90	2:18:12	5:33	18	37:13	90	43:52