



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Matthias Büchner

Club: KaMaToMi
Number: 66

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M45 (45-49) B

Total time: 2:25:29

Speed: 9.90 km/h
Running performance: 5:50 min/km

Rank in course/Total: 141 (of 433)

Rank in course/Men: 129 (of 351)

Best time in course: 1:34:20

Rank in category: 15(of 43)

Best time in the category: 1:51:51

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos | | Behind | | Total km | Total Time | Total min/km | Pos | | Behind | |
|----------------|----------|------------|--------------|------|-----|--------|-------|----------|------------|--------------|------|-----|--------|-------|
| | | | | Cat. | Men | Cat. | Men | | | | Cat. | Men | Cat. | Men |
| Ilsestein | 4.10 | 26:04 | 6:21 | 16 | 140 | 6:34 | 9:28 | 4.10 | 26:04 | 6:21 | 16 | 140 | 6:34 | 9:28 |
| Plessenburg | 2.40 | 14:02 | 5:50 | 14 | 128 | 3:17 | 4:53 | 6.50 | 40:06 | 6:10 | 16 | 138 | 9:51 | 14:21 |
| Oehrenfeld | 3.40 | 15:44 | 4:37 | 13 | 117 | 3:20 | 4:49 | 9.90 | 55:50 | 5:38 | 15 | 125 | 13:11 | 19:10 |
| Ilsestein | 4.80 | 31:07 | 6:28 | 16 | 137 | 6:58 | 21:16 | 14.70 | 1:26:57 | 5:54 | 16 | 128 | 20:09 | 30:22 |
| Plessenburg | 2.30 | 15:30 | 6:44 | 14 | 126 | 3:44 | 5:52 | 17.00 | 1:42:27 | 6:01 | 16 | 124 | 23:53 | 36:14 |
| Oehrenfeld | 3.40 | 17:11 | 5:03 | 19 | 152 | 4:13 | 5:50 | 20.40 | 1:59:38 | 5:51 | 14 | 125 | 28:06 | 42:04 |
| Ilseburg/Markt | 4.50 | 25:51 | 5:44 | 20 | 144 | 5:32 | 9:05 | 24.90 | 2:25:29 | 5:50 | 15 | 129 | 33:38 | 51:09 |