



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Martin Butzlaff

Club: Harzer Teufel
Number: 70

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M50 (50-54) B

Total time: 1:48:31

Speed: 13.27 km/h
Running performance: 4:21 min/km

Rank in course/Total: 9 (of 433)

Rank in course/Men: 9 (of 351)

Best time in course: 1:34:20

Rank in category: 1(of 42)

Best time in the category: 1:48:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	19:35	4:46	1	-	15	2:59	4.10	19:35	4:46	1	-	15	2:59
Plessenburg	2.40	10:27	4:21	1	-	10	1:18	6.50	30:02	4:37	1	-	12	4:17
Oehrenfeld	3.40	11:41	3:26	1	-	4	0:46	9.90	41:43	4:12	1	-	10	5:03
Ilsestein	4.80	23:49	4:57	1	-	15	13:58	14.70	1:05:32	4:27	1	-	12	8:57
Plessenburg	2.30	11:26	4:58	1	-	11	1:48	17.00	1:16:58	4:31	1	-	10	10:45
Oehrenfeld	3.40	12:49	3:46	1	-	9	1:28	20.40	1:29:47	4:24	1	-	10	12:13
Ilseburg/Markt	4.50	18:44	4:09	1	-	6	1:58	24.90	1:48:31	4:21	1	-	9	14:11