



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Tobi Maihs

Number: 290

Course: 24.90 km  
24,9 km - Lauf

Category:  
Senioren M50 (50-54) B

Total time: 2:25:17

Speed: 9.91 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 139 (of 433)

Rank in course/Men: 127 (of 351)

Best time in course: 1:34:20

Rank in category: 13(of 42)

Best time in the category: 1:48:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	24:58	6:05	11	5:23	105	8:22	4.10	24:58	6:05	11	5:23	105	8:22
Plessenburg	2.40	14:06	5:52	15	3:39	133	4:57	6.50	39:04	6:00	11	9:02	112	13:19
Oehrenfeld	3.40	16:13	4:46	11	4:32	134	5:18	9.90	55:17	5:35	12	13:34	117	18:37
Ilsestein	4.80	30:50	6:25	14	7:01	132	20:59	14.70	1:26:07	5:51	12	20:35	117	29:32
Plessenburg	2.30	16:02	6:58	14	4:36	148	6:24	17.00	1:42:09	6:00	12	25:11	118	35:56
Oehrenfeld	3.40	17:01	5:00	13	4:12	141	5:40	20.40	1:59:10	5:50	13	29:23	121	41:36
Ilseburg/Markt	4.50	26:07	5:48	14	7:23	150	9:21	24.90	2:25:17	5:50	13	36:46	127	50:57