



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Fabian Kirchmann

Club: Ekosem-Agrar  
Number: 225

Course: 24.90 km  
24,9 km - Lauf

Category:  
Senioren M50 (50-54) B

Total time: 2:48:08

Speed: 8.56 km/h  
Running performance: 6:45 min/km

Rank in course/Total: 290 (of 433)

Rank in course/Men: 252 (of 351)

Best time in course: 1:34:20

Rank in category: 25(of 42)

Best time in the category: 1:48:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:26	7:25	30	10:51	282	13:50	4.10	30:26	7:25	30	10:51	282	13:50
Plessenburg	2.40	16:28	6:51	25	6:01	264	7:19	6.50	46:54	7:12	27	16:52	276	21:09
Oehrenfeld	3.40	18:17	5:22	27	6:36	247	7:22	9.90	1:05:11	6:35	27	23:28	267	28:31
Ilsestein	4.80	35:20	7:21	23	11:31	242	25:29	14.70	1:40:31	6:50	25	34:59	255	43:56
Plessenburg	2.30	18:03	7:50	26	6:37	248	8:25	17.00	1:58:34	6:58	25	41:36	251	52:21
Oehrenfeld	3.40	19:06	5:37	25	6:17	221	7:45	20.40	2:17:40	6:44	24	47:53	246	1:00:06
Ilseburg/Markt	4.50	30:28	6:46	29	11:44	258	13:42	24.90	2:48:08	6:45	25	59:37	252	1:13:48