



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Jürgen Klemme

Club: LG TuS Lügde
Number: 227

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M55 (55-59) B

Total time: 2:08:11

Speed: 11.23 km/h
Running performance: 5:08 min/km

Rank in course/Total: 55 (of 433)

Rank in course/Men: 49 (of 351)

Best time in course: 1:34:20

Rank in category: 4(of 49)

Best time in the category: 1:58:23

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 22:24 | 5:27 | 3 | 1:37 | 49 | 5:48 | 4.10 | 22:24 | 5:27 | 3 | 1:37 | 49 | 5:48 |
| Plessenburg | 2.40 | 12:01 | 5:00 | 3 | 0:31 | 45 | 2:52 | 6.50 | 34:25 | 5:17 | 3 | 2:08 | 48 | 8:40 |
| Oehrenfeld | 3.40 | 14:40 | 4:18 | 5 | 1:24 | 74 | 3:45 | 9.90 | 49:05 | 4:57 | 5 | 3:22 | 53 | 12:25 |
| Ilsestein | 4.80 | 27:20 | 5:41 | 4 | 1:48 | 49 | 17:29 | 14.70 | 1:16:25 | 5:11 | 4 | 5:10 | 52 | 19:50 |
| Plessenburg | 2.30 | 13:34 | 5:53 | 5 | 1:08 | 50 | 3:56 | 17.00 | 1:29:59 | 5:17 | 4 | 6:18 | 50 | 23:46 |
| Oehrenfeld | 3.40 | 15:18 | 4:30 | 6 | 1:31 | 58 | 3:57 | 20.40 | 1:45:17 | 5:09 | 4 | 7:49 | 49 | 27:43 |
| Ilseburg/Markt | 4.50 | 22:54 | 5:05 | 4 | 1:59 | 54 | 6:08 | 24.90 | 2:08:11 | 5:08 | 4 | 9:48 | 49 | 33:51 |