



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Mia Forell

Number: 922

Course: 1.80 km  
1,8 km - Lauf

Category:  
weibliche Jugend U14 (12-13) N

Total time: 10:28

Speed: 5.73 km/h  
Running performance: 5:48 min/km

Rank in course/Total: 90 (of 122)

Rank in course/Women: 47 (of 60)

Best time in course: 6:52

Rank in category: 5(of 5)

Best time in the category: 6:52

Intermediate times

Stage score

Total ranking

| Control        | Split km | Split Time | Split min/km | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|----------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|                |          |            |              | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Control        | 0.90     | 5:00       | 5:33         | 5           | 1:25        | 31        | 1:25         | 0.90          | 5:00       | 5:33         | 5        | 1:25        | 32        | 1:25         |
| Ilseburg/Markt | 0.90     | 5:28       | 6:04         | 5           | 2:11        | 49        | 2:11         | 1.80          | 10:28      | 5:48         | 5        | 3:36        | 47        | 3:36         |