



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Mia Forell

Total time: 10:28

Number: 922

Speed: 5.73 km/h

Running performance: 5:48 min/km

Course: 1.80 km

Rank in course/Total: 90 (of 122)

1,8 km - Lauf

Rank in course/Women: 47 (of 60)

Category:

Best time in course: 6:52

weibliche Jugend U14 (12-13) N

Rank in category: 5(of 5)

Best time in the category: 6:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	0.90	5:00	5:33	5	1:25	31	1:25	0.90	5:00	5:33	5	1:25	32	1:25
Ilseburg/Markt	0.90	5:28	6:04	5	2:11	49	2:11	1.80	10:28	5:48	5	3:36	47	3:36