



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Georg Stülb

Number: 435

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M55 (55-59) B

Total time: 3:40:08

Speed: 6.54 km/h
Running performance: 8:50 min/km

Rank in course/Total: 419 (of 433)

Rank in course/Men: 341 (of 351)

Best time in course: 1:34:20

Rank in category: 47(of 49)

Best time in the category: 1:58:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	31:41	7:43	40	10:54	303	15:05	4.10	31:41	7:43	40	10:54	303	15:05
Plessenburg	2.40	18:37	7:45	45	7:07	324	9:28	6.50	50:18	7:44	43	18:01	313	24:33
Oehrenfeld	3.40	20:39	6:04	44	7:23	322	9:44	9.90	1:10:57	7:10	45	25:14	318	34:17
Ilsestein	4.80	45:07	9:23	48	19:35	343	35:16	14.70	1:56:04	7:53	48	44:49	329	59:29
Plessenburg	2.30	24:39	10:43	48	12:13	340	15:01	17.00	2:20:43	8:16	47	57:02	335	1:14:30
Oehrenfeld	3.40	34:13	10:03	48	20:26	345	22:52	20.40	2:54:56	8:34	47	1:17:28	341	1:37:22
Ilseburg/Markt	4.50	45:12	10:02	47	24:17	341	28:26	24.90	3:40:08	8:50	47	1:41:45	341	2:05:48