



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Michael Knebel

Number: 234

Course: 24.90 km  
24,9 km - Lauf

Category:  
Senioren M55 (55-59) B

Rank in course/Total: DNF (of 433)

Rank in course/Men: DNF (of 351)

Best time in course: 1:34:20

Rank in category: DNF(of 49)

Best time in the category: 1:58:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	31:48	7:45	41	11:01	306	15:12	4.10	31:48	7:45	41	11:01	306	15:12
Plessenburg	2.40	17:33	7:18	41	6:03	299	8:24	6.50	49:21	7:35	41	17:04	306	23:36
Oehrenfeld	3.40	20:51	6:07	45	7:35	327	9:56	9.90	1:10:12	7:05	43	24:29	311	33:32
Ilsestein	4.80	42:06	8:46	46	16:34	327	32:15	14.70	1:52:18	7:38	44	41:03	318	55:43
Plessenburg	2.30	fehlt!	-	-	-	-	-	17.00	-	-	-	-	-	-
Oehrenfeld	3.40	fehlt!	-	-	-	-	-	20.40	-	-	-	-	-	-
Ilseburg/Markt	4.50	fehlt!	-	-	-	-	-	24.90	-	-	-	-	-	-