



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Mathias Kresse

Number: 257

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M60 (60-64) B

Total time: 2:31:33

Speed: 9.50 km/h
Running performance: 6:05 min/km

Rank in course/Total: 185 (of 433)

Rank in course/Men: 167 (of 351)

Best time in course: 1:34:20

Rank in category: 8(of 28)

Best time in the category: 2:05:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Ilsestein	4.10	26:26	6:26	9	4:01	152	9:50	4.10	26:26	6:26	9	4:01	152	9:50
Plessenburg	2.40	14:55	6:12	11	2:55	185	5:46	6.50	41:21	6:21	9	6:55	165	15:36
Oehrenfeld	3.40	16:46	4:55	6	2:39	164	5:51	9.90	58:07	5:52	9	9:22	169	21:27
Ilsestein	4.80	34:19	7:08	13	8:03	215	24:28	14.70	1:32:26	6:17	10	17:06	194	35:51
Plessenburg	2.30	16:50	7:19	12	3:58	185	7:12	17.00	1:49:16	6:25	10	21:04	192	43:03
Oehrenfeld	3.40	16:18	4:47	5	1:39	105	4:57	20.40	2:05:34	6:09	9	22:43	171	48:00
Ilseburg/Markt	4.50	25:59	5:46	10	3:22	146	9:13	24.90	2:31:33	6:05	8	26:05	167	57:13