



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Peter Danylak

Number: 81

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M65 (65-69) B

Total time: 2:35:29

Speed: 9.26 km/h
Running performance: 6:14 min/km

Rank in course/Total: 211 (of 433)

Rank in course/Men: 190 (of 351)

Best time in course: 1:34:20

Rank in category: 9(of 24)

Best time in the category: 2:08:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:02	6:35	7	4:09	171	10:26	4.10	27:02	6:35	7	4:09	171	10:26
Plessenburg	2.40	14:24	6:00	6	2:15	157	5:15	6.50	41:26	6:22	7	6:24	170	15:41
Oehrenfeld	3.40	16:46	4:55	7	3:17	164	5:51	9.90	58:12	5:52	7	9:41	172	21:32
Ilsestein	4.80	32:44	6:49	7	5:23	180	22:53	14.70	1:30:56	6:11	7	15:04	172	34:21
Plessenburg	2.30	17:22	7:33	11	3:59	219	7:44	17.00	1:48:18	6:22	8	15:44	179	42:05
Oehrenfeld	3.40	17:44	5:12	9	3:37	175	6:23	20.40	2:06:02	6:10	8	19:21	179	48:28
Ilseburg/Markt	4.50	29:27	6:32	9	7:24	227	12:41	24.90	2:35:29	6:14	9	26:45	190	1:01:09