



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Peter Danylak

Number: 81

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M65 (65-69) B

Total time: 2:35:29

Speed: 9.26 km/h
Running performance: 6:14 min/km

Rank in course/Total: 211 (of 433)

Rank in course/Men: 190 (of 351)

Best time in course: 1:34:20

Rank in category: 9(of 24)

Best time in the category: 2:08:44

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 27:02 | 6:35 | 7 | 4:09 | 171 | 10:26 | 4.10 | 27:02 | 6:35 | 7 | 4:09 | 171 | 10:26 |
| Plessenburg | 2.40 | 14:24 | 6:00 | 6 | 2:15 | 157 | 5:15 | 6.50 | 41:26 | 6:22 | 7 | 6:24 | 170 | 15:41 |
| Oehrenfeld | 3.40 | 16:46 | 4:55 | 7 | 3:17 | 164 | 5:51 | 9.90 | 58:12 | 5:52 | 7 | 9:41 | 172 | 21:32 |
| Ilsestein | 4.80 | 32:44 | 6:49 | 7 | 5:23 | 180 | 22:53 | 14.70 | 1:30:56 | 6:11 | 7 | 15:04 | 172 | 34:21 |
| Plessenburg | 2.30 | 17:22 | 7:33 | 11 | 3:59 | 219 | 7:44 | 17.00 | 1:48:18 | 6:22 | 8 | 15:44 | 179 | 42:05 |
| Oehrenfeld | 3.40 | 17:44 | 5:12 | 9 | 3:37 | 175 | 6:23 | 20.40 | 2:06:02 | 6:10 | 8 | 19:21 | 179 | 48:28 |
| Ilseburg/Markt | 4.50 | 29:27 | 6:32 | 9 | 7:24 | 227 | 12:41 | 24.90 | 2:35:29 | 6:14 | 9 | 26:45 | 190 | 1:01:09 |