



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Lothar Schmidt

Number: 18

Course: 24.90 km  
24,9 km - Lauf

Category:  
Senioren M65 (65-69) B

Total time: 2:55:04

Speed: 8.23 km/h

Running performance: 7:01 min/km

Rank in course/Total: 322 (of 433)

Rank in course/Men: 275 (of 351)

Best time in course: 1:34:20

Rank in category: 14(of 24)

Best time in the category: 2:08:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km				
Ilsestein	4.10	29:16	7:08	13	6:23	253	12:40	4.10	29:16	7:08	13	6:23	253	12:40
Plessenburg	2.40	16:31	6:52	13	4:22	267	7:22	6.50	45:47	7:02	13	10:45	260	20:02
Oehrenfeld	3.40	18:32	5:27	14	5:03	251	7:37	9.90	1:04:19	6:29	13	15:48	254	27:39
Ilsestein	4.80	39:35	8:14	17	12:14	300	29:44	14.70	1:43:54	7:04	15	28:02	276	47:19
Plessenburg	2.30	20:24	8:52	19	7:01	303	10:46	17.00	2:04:18	7:18	15	31:44	280	58:05
Oehrenfeld	3.40	20:08	5:55	15	6:01	263	8:47	20.40	2:24:26	7:04	15	37:45	279	1:06:52
Ilseburg/Markt	4.50	30:38	6:48	10	8:35	260	13:52	24.90	2:55:04	7:01	14	46:20	275	1:20:44