



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Anika Höckendorff

Club: Anni  
Number: 199

Course: 24.90 km  
24,9 km - Lauf

Category:  
Seniorinnen W35 (35-39) B

Total time: 2:27:44

Speed: 9.75 km/h  
Running performance: 5:55 min/km

Rank in course/Total: 156 (of 433)

Rank in course/Women: 15 (of 82)

Best time in course: 1:53:56

Rank in category: 2(of 7)

Best time in the category: 2:12:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	26:51	6:32	2	3:42	15	6:11	4.10	26:51	6:32	2	3:42	15	6:11
Plessenburg	2.40	15:07	6:17	2	2:48	20	3:48	6.50	41:58	6:27	2	6:30	15	9:59
Oehrenfeld	3.40	16:15	4:46	2	1:36	17	3:23	9.90	58:13	5:52	2	8:06	16	12:55
Ilsestein	4.80	31:25	6:32	2	2:34	14	7:12	14.70	1:29:38	6:05	2	10:40	15	20:07
Plessenburg	2.30	16:07	7:00	2	2:19	16	4:32	17.00	1:45:45	6:13	2	12:59	15	24:39
Oehrenfeld	3.40	16:16	4:47	2	0:33	16	2:54	20.40	2:02:01	5:58	2	13:32	14	27:33
Ilseburg/Markt	4.50	25:43	5:42	2	2:03	16	6:15	24.90	2:27:44	5:55	2	15:35	15	33:48