



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Casey High

Club: Team Belli  
Number: 196

Course: 24.90 km  
24,9 km - Lauf

Category:  
Seniorinnen W40 (40-44) B

Total time: 2:42:04

Speed: 8.89 km/h  
Running performance: 6:30 min/km

Rank in course/Total: 252 (of 433)

Rank in course/Women: 29 (of 82)

Best time in course: 1:53:56

Rank in category: 9(of 20)

Best time in the category: 1:53:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:22	6:40	7	6:42	20	6:42	4.10	27:22	6:40	7	6:42	20	6:42
Plessenburg	2.40	17:04	7:06	10	5:45	43	5:45	6.50	44:26	6:50	8	12:27	30	12:27
Oehrenfeld	3.40	17:18	5:05	8	3:59	25	4:26	9.90	1:01:44	6:14	8	16:26	26	16:26
Ilsestein	4.80	35:55	7:28	9	11:42	32	11:42	14.70	1:37:39	6:38	9	28:08	28	28:08
Plessenburg	2.30	17:11	7:28	8	5:36	26	5:36	17.00	1:54:50	6:45	8	33:44	27	33:44
Oehrenfeld	3.40	18:11	5:20	8	4:49	28	4:49	20.40	2:13:01	6:31	8	38:33	27	38:33
Ilseburg/Markt	4.50	29:03	6:27	11	9:35	43	9:35	24.90	2:42:04	6:30	9	48:08	29	48:08