



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Katja Barchmann

Number: 38

Course: 24.90 km
24,9 km - Lauf

Category:
Seniorinnen W40 (40-44) B

Total time: 2:49:38

Speed: 8.49 km/h
Running performance: 6:48 min/km

Rank in course/Total: 296 (of 433)

Rank in course/Women: 39 (of 82)

Best time in course: 1:53:56

Rank in category: 10(of 20)

Best time in the category: 1:53:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:25	7:25	11	9:45	40	9:45	4.10	30:25	7:25	11	9:45	40	9:45
Plessenburg	2.40	17:10	7:09	11	5:51	46	5:51	6.50	47:35	7:19	11	15:36	40	15:36
Oehrenfeld	3.40	19:50	5:49	13	6:31	55	6:58	9.90	1:07:25	6:48	11	22:07	43	22:07
Ilsestein	4.80	36:19	7:33	10	12:06	35	12:06	14.70	1:43:44	7:03	10	34:13	41	34:13
Plessenburg	2.30	17:27	7:35	11	5:52	32	5:52	17.00	2:01:11	7:07	10	40:05	40	40:05
Oehrenfeld	3.40	19:48	5:49	11	6:26	43	6:26	20.40	2:20:59	6:54	10	46:31	38	46:31
Ilseburg/Markt	4.50	28:39	6:21	10	9:11	38	9:11	24.90	2:49:38	6:48	10	55:42	39	55:42