



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Wei Hua

Number: 204

Course: 24.90 km
24,9 km - Lauf

Category:
Seniorinnen W40 (40-44) B

Total time: 3:33:27

Speed: 6.75 km/h
Running performance: 8:34 min/km

Rank in course/Total: 416 (of 433)

Rank in course/Women: 76 (of 82)

Best time in course: 1:53:56

Rank in category: 18(of 20)

Best time in the category: 1:53:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	35:25	8:38	18	14:45	76	14:45	4.10	35:25	8:38	18	14:45	76	14:45
Plessenburg	2.40	19:35	8:09	17	8:16	74	8:16	6.50	55:00	8:27	18	23:01	76	23:01
Oehrenfeld	3.40	22:07	6:30	18	8:48	74	9:15	9.90	1:17:07	7:47	18	31:49	76	31:49
Ilsestein	4.80	56:34	11:47	20	32:21	82	32:21	14.70	2:13:41	9:05	20	1:04:10	81	1:04:10
Plessenburg	2.30	21:46	9:27	16	10:11	71	10:11	17.00	2:35:27	9:08	20	1:14:21	79	1:14:21
Oehrenfeld	3.40	23:04	6:47	16	9:42	67	9:42	20.40	2:58:31	8:45	18	1:24:03	77	1:24:03
Ilseburg/Markt	4.50	34:56	7:45	17	15:28	72	15:28	24.90	3:33:27	8:34	18	1:39:31	76	1:39:31