



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Cathérine Wegener

Club: TEAM fachwerk
Number: 1048

Course: 24.90 km
24,9 km - Lauf

Category:
Seniorinnen W50 (50-54) B

Total time: 2:08:58

Speed: 11.17 km/h
Running performance: 5:10 min/km

Rank in course/Total: 58 (of 433)

Rank in course/Women: 8 (of 82)

Best time in course: 1:53:56

Rank in category: 1(of 10)

Best time in the category: 2:08:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	23:55	5:50	2	0:56	11	3:15	4.10	23:55	5:50	2	0:56	11	3:15
Plessenburg	2.40	12:48	5:20	2	0:10	9	1:29	6.50	36:43	5:38	2	1:06	11	4:44
Oehrenfeld	3.40	14:20	4:12	2	0:03	7	1:28	9.90	51:03	5:09	2	1:09	9	5:45
Ilsestein	4.80	27:49	5:47	1	-	8	3:36	14.70	1:18:52	5:21	2	0:18	9	9:21
Plessenburg	2.30	13:28	5:51	1	-	5	1:53	17.00	1:32:20	5:25	1	-	8	11:14
Oehrenfeld	3.40	14:20	4:12	1	-	6	0:58	20.40	1:46:40	5:13	1	-	7	12:12
Ilseburg/Markt	4.50	22:18	4:57	1	-	6	2:50	24.90	2:08:58	5:10	1	-	8	15:02