



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Dorit Klopff

Number: 546

Course: 24.90 km
24,9 km - Lauf

Category:
Seniorinnen W50 (50-54) B

Total time: 3:11:49

Speed: 7.51 km/h
Running performance: 7:42 min/km

Rank in course/Total: 384 (of 433)

Rank in course/Women: 68 (of 82)

Best time in course: 1:53:56

Rank in category: 8(of 10)

Best time in the category: 2:08:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	34:26	8:23	9	11:27	71	13:46	4.10	34:26	8:23	9	11:27	71	13:46
Plessenburg	2.40	18:59	7:54	8	6:21	68	7:40	6.50	53:25	8:13	9	17:48	71	21:26
Oehrenfeld	3.40	21:50	6:25	9	7:33	72	8:58	9.90	1:15:15	7:36	9	25:21	72	29:57
Ilsestein	4.80	41:24	8:37	8	13:35	67	17:11	14.70	1:56:39	7:56	8	38:05	70	47:08
Plessenburg	2.30	21:20	9:16	8	7:52	68	9:45	17.00	2:17:59	8:06	8	45:39	68	56:53
Oehrenfeld	3.40	21:40	6:22	8	7:20	62	8:18	20.40	2:39:39	7:49	8	52:59	69	1:05:11
Ilseburg/Markt	4.50	32:10	7:08	7	9:52	58	12:42	24.90	3:11:49	7:42	8	1:02:51	68	1:17:53