



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Corina Hörsken

Number: 542

Course: 24.90 km
24,9 km - Lauf

Category:
Seniorinnen W50 (50-54) B

Total time: 3:17:54

Speed: 7.28 km/h
Running performance: 7:56 min/km

Rank in course/Total: 402 (of 433)

Rank in course/Women: 70 (of 82)

Best time in course: 1:53:56

Rank in category: 9(of 10)

Best time in the category: 2:08:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	32:59	8:02	7	10:00	63	12:19	4.10	32:59	8:02	7	10:00	63	12:19
Plessenburg	2.40	20:23	8:29	10	7:45	78	9:04	6.50	53:22	8:12	8	17:45	70	21:23
Oehrenfeld	3.40	22:36	6:38	10	8:19	75	9:44	9.90	1:15:58	7:40	10	26:04	74	30:40
Ilsestein	4.80	41:57	8:44	9	14:08	70	17:44	14.70	1:57:55	8:01	9	39:21	72	48:24
Plessenburg	2.30	21:28	9:20	9	8:00	69	9:53	17.00	2:19:23	8:11	9	47:03	71	58:17
Oehrenfeld	3.40	24:27	7:11	10	10:07	73	11:05	20.40	2:43:50	8:01	10	57:10	73	1:09:22
Ilseburg/Markt	4.50	34:04	7:34	9	11:46	68	14:36	24.90	3:17:54	7:56	9	1:08:56	70	1:23:58