



53. Brockenlauf Ilseburg / 07.09.2024

Detailed evaluation

Kerstin Scharun

Club: TSV 1900 Königshütte
Number: 365

Course: 24.90 km
24,9 km - Lauf

Category:
Seniorinnen W55 (55-59) B

Total time: 2:45:51

Speed: 8.68 km/h
Running performance: 6:39 min/km

Rank in course/Total: 279 (of 433)

Rank in course/Women: 37 (of 82)

Best time in course: 1:53:56

Rank in category: 4(of 11)

Best time in the category: 2:12:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:43	6:45	2	4:35	22	7:03	4.10	27:43	6:45	2	4:35	22	7:03
Plessenburg	2.40	16:10	6:44	3	3:08	31	4:51	6.50	43:53	6:45	2	7:43	27	11:54
Oehrenfeld	3.40	17:37	5:10	2	2:27	29	4:45	9.90	1:01:30	6:12	2	10:10	23	16:12
Ilsestein	4.80	37:15	7:45	6	8:50	46	13:02	14.70	1:38:45	6:43	2	19:00	33	29:14
Plessenburg	2.30	18:09	7:53	5	3:15	41	6:34	17.00	1:56:54	6:52	2	22:15	33	35:48
Oehrenfeld	3.40	19:48	5:49	6	4:49	43	6:26	20.40	2:16:42	6:42	2	27:04	34	42:14
Ilseburg/Markt	4.50	29:09	6:28	4	6:03	44	9:41	24.90	2:45:51	6:39	4	33:07	37	51:55