



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Marion Knoop-Wente

Number: 828

Course: 24.90 km
24,9 km - Wanderung

Category:
Frauen

Total time: 3:23:21

Speed: 7.08 km/h
Running performance: 8:09 min/km

Rank in course/Total: 1 (of 70)
Rank in course/Women: 1 (of 46)
Best time in course: 3:23:21

Rank in category: 1(of 46)
Best time in the category: 3:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	35:51	8:44	1	-	1	-	4.10	35:51	8:44	1	-	1	-
Plessenburg	2.40	19:08	7:58	3	0:09	3	0:09	6.50	54:59	8:27	1	-	1	-
Oehrenfeld	3.40	25:43	7:33	4	1:08	4	1:08	9.90	1:20:42	8:09	1	-	1	-
Ilsestein	4.80	41:39	8:40	2	0:13	2	0:13	14.70	2:02:21	8:19	1	-	1	-
Plessenburg	2.30	19:01	8:16	1	-	1	-	17.00	2:21:22	8:18	1	-	1	-
Oehrenfeld	3.40	26:12	7:42	5	5:07	5	5:07	20.40	2:47:34	8:12	2	4:59	2	4:59
Ilseburg/Markt	4.50	35:47	7:57	3	1:12	3	1:12	24.90	3:23:21	8:09	1	-	1	-