



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Maren Kugenbuch

Club: Brockenlaufverein
Number: 831

Course: 24.90 km
24,9 km - Wanderung

Category:
Frauen

Total time: 3:27:18

Speed: 6.95 km/h
Running performance: 8:19 min/km

Rank in course/Total: 4 (of 70)
Rank in course/Women: 3 (of 46)
Best time in course: 3:23:21

Rank in category: 3(of 46)
Best time in the category: 3:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	37:30	9:08	3	1:39	3	1:39	4.10	37:30	9:08	3	1:39	3	1:39
Plessenburg	2.40	19:07	7:57	2	0:08	2	0:08	6.50	56:37	8:42	3	1:38	3	1:38
Oehrenfeld	3.40	24:45	7:16	3	0:10	3	0:10	9.90	1:21:22	8:13	4	0:40	4	0:40
Ilsestein	4.80	43:02	8:57	4	1:36	4	1:36	14.70	2:04:24	8:27	4	2:03	4	2:03
Plessenburg	2.30	19:43	8:34	5	0:42	5	0:42	17.00	2:24:07	8:28	4	2:45	4	2:45
Oehrenfeld	3.40	25:48	7:35	4	4:43	4	4:43	20.40	2:49:55	8:19	4	7:20	4	7:20
Ilseburg/Markt	4.50	37:23	8:18	5	2:48	5	2:48	24.90	3:27:18	8:19	3	3:57	3	3:57