



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Maren Kugenbuch

Club: Brockenlaufverein
Number: 831

Course: 24.90 km
24,9 km - Wanderung

Category:
Frauen

Total time: 3:27:18

Speed: 6.95 km/h
Running performance: 8:19 min/km

Rank in course/Total: 4 (of 70)
Rank in course/Women: 3 (of 46)
Best time in course: 3:23:21

Rank in category: 3(of 46)
Best time in the category: 3:23:21

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Ilsestein | 4.10 | 37:30 | 9:08 | 3 | 1:39 | 3 | 1:39 | 4.10 | 37:30 | 9:08 | 3 | 1:39 | 3 | 1:39 |
| Plessenburg | 2.40 | 19:07 | 7:57 | 2 | 0:08 | 2 | 0:08 | 6.50 | 56:37 | 8:42 | 3 | 1:38 | 3 | 1:38 |
| Oehrenfeld | 3.40 | 24:45 | 7:16 | 3 | 0:10 | 3 | 0:10 | 9.90 | 1:21:22 | 8:13 | 4 | 0:40 | 4 | 0:40 |
| Ilsestein | 4.80 | 43:02 | 8:57 | 4 | 1:36 | 4 | 1:36 | 14.70 | 2:04:24 | 8:27 | 4 | 2:03 | 4 | 2:03 |
| Plessenburg | 2.30 | 19:43 | 8:34 | 5 | 0:42 | 5 | 0:42 | 17.00 | 2:24:07 | 8:28 | 4 | 2:45 | 4 | 2:45 |
| Oehrenfeld | 3.40 | 25:48 | 7:35 | 4 | 4:43 | 4 | 4:43 | 20.40 | 2:49:55 | 8:19 | 4 | 7:20 | 4 | 7:20 |
| Ilseburg/Markt | 4.50 | 37:23 | 8:18 | 5 | 2:48 | 5 | 2:48 | 24.90 | 3:27:18 | 8:19 | 3 | 3:57 | 3 | 3:57 |