



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Simone Mänz-Radzey

Number: 842

Course: 24.90 km
24,9 km - Wanderung

Category:
Frauen

Total time: 3:47:33

Speed: 6.33 km/h
Running performance: 9:08 min/km

Rank in course/Total: 8 (of 70)
Rank in course/Women: 5 (of 46)
Best time in course: 3:23:21

Rank in category: 5(of 46)
Best time in the category: 3:23:21

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Ilsestein | 4.10 | 39:34 | 9:39 | 5 | 3:43 | 5 | 3:43 | 4.10 | 39:34 | 9:39 | 5 | 3:43 | 5 | 3:43 |
| Plessenburg | 2.40 | 21:42 | 9:02 | 5 | 2:43 | 5 | 2:43 | 6.50 | 1:01:16 | 9:25 | 5 | 6:17 | 5 | 6:17 |
| Oehrenfeld | 3.40 | 28:36 | 8:24 | 6 | 4:01 | 6 | 4:01 | 9.90 | 1:29:52 | 9:04 | 5 | 9:10 | 5 | 9:10 |
| Ilsestein | 4.80 | 49:48 | 10:22 | 10 | 8:22 | 10 | 8:22 | 14.70 | 2:19:40 | 9:30 | 5 | 17:19 | 5 | 17:19 |
| Plessenburg | 2.30 | 21:02 | 9:08 | 7 | 2:01 | 7 | 2:01 | 17.00 | 2:40:42 | 9:27 | 5 | 19:20 | 5 | 19:20 |
| Oehrenfeld | 3.40 | 28:57 | 8:30 | 7 | 7:52 | 7 | 7:52 | 20.40 | 3:09:39 | 9:17 | 6 | 27:04 | 6 | 27:04 |
| Ilseburg/Markt | 4.50 | 37:54 | 8:25 | 7 | 3:19 | 7 | 3:19 | 24.90 | 3:47:33 | 9:08 | 5 | 24:12 | 5 | 24:12 |