



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Mandy Landmann

Number: 833

Course: 24.90 km
24,9 km - Wanderung

Category:
Frauen

Total time: 4:01:04

Speed: 5.97 km/h
Running performance: 9:40 min/km

Rank in course/Total: 17 (of 70)
Rank in course/Women: 9 (of 46)
Best time in course: 3:23:21

Rank in category: 9(of 46)
Best time in the category: 3:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	41:38	10:09	8	5:47	8	5:47	4.10	41:38	10:09	8	5:47	8	5:47
Plessenburg	2.40	21:48	9:05	7	2:49	7	2:49	6.50	1:03:26	9:45	7	8:27	7	8:27
Oehrenfeld	3.40	30:09	8:52	8	5:34	8	5:34	9.90	1:33:35	9:27	8	12:53	8	12:53
Ilsestein	4.80	46:54	9:46	5	5:28	5	5:28	14.70	2:20:29	9:33	7	18:08	7	18:08
Plessenburg	2.30	23:34	10:14	10	4:33	10	4:33	17.00	2:44:03	9:39	7	22:41	7	22:41
Oehrenfeld	3.40	32:29	9:33	14	11:24	14	11:24	20.40	3:16:32	9:38	9	33:57	9	33:57
Ilseburg/Markt	4.50	44:32	9:53	15	9:57	15	9:57	24.90	4:01:04	9:40	9	37:43	9	37:43