



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Annett Gieraths

Number: 808

Course: 24.90 km
24,9 km - Wanderung

Category:
Frauen

Total time: 4:03:54

Speed: 5.90 km/h
Running performance: 9:47 min/km

Rank in course/Total: 18 (of 70)
Rank in course/Women: 10 (of 46)
Best time in course: 3:23:21
Rank in category: 10(of 46)
Best time in the category: 3:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	40:46	9:56	7	4:55	7	4:55	4.10	40:46	9:56	7	4:55	7	4:55
Plessenburg	2.40	23:49	9:55	15	4:50	15	4:50	6.50	1:04:35	9:56	8	9:36	8	9:36
Oehrenfeld	3.40	30:05	8:50	7	5:30	7	5:30	9.90	1:34:40	9:33	9	13:58	9	13:58
Ilsestein	4.80	49:11	10:14	8	7:45	8	7:45	14.70	2:23:51	9:47	9	21:30	9	21:30
Plessenburg	2.30	23:27	10:11	9	4:26	9	4:26	17.00	2:47:18	9:50	10	25:56	10	25:56
Oehrenfeld	3.40	31:28	9:15	12	10:23	12	10:23	20.40	3:18:46	9:44	10	36:11	10	36:11
Ilseburg/Markt	4.50	45:08	10:01	16	10:33	16	10:33	24.90	4:03:54	9:47	10	40:33	10	40:33