



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Sabine Krühne

Number: 830

Course: 24.90 km
24,9 km - Wanderung

Category:
Frauen

Total time: 4:15:14

Speed: 5.64 km/h
Running performance: 10:15 min/km

Rank in course/Total: 27 (of 70)
Rank in course/Women: 15 (of 46)
Best time in course: 3:23:21
Rank in category: 15(of 46)
Best time in the category: 3:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	42:22	10:20	10	6:31	10	6:31	4.10	42:22	10:20	10	6:31	10	6:31
Plessenburg	2.40	23:43	9:52	14	4:44	14	4:44	6.50	1:06:05	10:09	13	11:06	13	11:06
Oehrenfeld	3.40	32:32	9:34	13	7:57	13	7:57	9.90	1:38:37	9:57	12	17:55	12	17:55
Ilsestein	4.80	54:17	11:18	18	12:51	18	12:51	14.70	2:32:54	10:24	15	30:33	15	30:33
Plessenburg	2.30	26:00	11:18	17	6:59	17	6:59	17.00	2:58:54	10:31	15	37:32	15	37:32
Oehrenfeld	3.40	32:28	9:32	13	11:23	13	11:23	20.40	3:31:22	10:21	15	48:47	15	48:47
Ilseburg/Markt	4.50	43:52	9:44	13	9:17	13	9:17	24.90	4:15:14	10:15	15	51:53	15	51:53