



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Gabriele Lange

Number: 835

Course: 24.90 km
24,9 km - Wanderung

Category:
Frauen

Total time: 4:21:58

Speed: 5.50 km/h
Running performance: 10:31 min/km

Rank in course/Total: 32 (of 70)

Rank in course/Women: 17 (of 46)

Best time in course: 3:23:21

Rank in category: 17(of 46)

Best time in the category: 3:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	45:21	11:03	17	9:30	17	9:30	4.10	45:21	11:03	17	9:30	17	9:30
Plessenburg	2.40	24:54	10:22	18	5:55	18	5:55	6.50	1:10:15	10:48	18	15:16	18	15:16
Oehrenfeld	3.40	33:56	9:58	16	9:21	16	9:21	9.90	1:44:11	10:31	18	23:29	18	23:29
Ilsestein	4.80	51:54	10:48	15	10:28	15	10:28	14.70	2:36:05	10:37	16	33:44	16	33:44
Plessenburg	2.30	24:53	10:49	15	5:52	15	5:52	17.00	3:00:58	10:38	16	39:36	16	39:36
Oehrenfeld	3.40	35:40	10:29	18	14:35	18	14:35	20.40	3:36:38	10:37	17	54:03	17	54:03
Ilseburg/Markt	4.50	45:20	10:04	17	10:45	17	10:45	24.90	4:21:58	10:31	17	58:37	17	58:37